


JUBILEE 2025  
PILGRIMS OF HOPE

# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly


Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay



**6  
APR  
2025**  
YEAR C

Want to receive the bulletin via e-mail? Email [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)



## 5TH SUNDAY OF LENT

"Let the one among you who is without sin be the first to throw a stone at her." - Jn 8:7

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

**1<sup>ST</sup> READING**  
Isaiah 43:16-21  
*God has done and will continue to do great things.*

**RESPONSORIAL PSALM**  
Ps 125. R. v.3  
*The Lord has done great things for us; we are filled with joy.*

**2<sup>ND</sup> READING**  
Philippians 3:8-14  
*Paul forfeits all for Christ.*

**GOSPEL ACCLAMATION**  
Joel 2:12-13  
*Praise to you, Lord Jesus Christ, king of endless glory!  
With all your heart turn to me, for I am tender and compassionate.  
Praise to you, Lord Jesus Christ, king of endless glory!*

**GOSPEL**  
John 8:1-11  
*The Pharisees confront Jesus with an adulteress.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

**MASS:**  
Wednesday, 9am  
Sunday, 9am

**BAPTISM:**  
Sunday, 10.30am  
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.*

**RECONCILIATION:**  
Saturday, 5.00 to 5.45pm  
Church of St. Kieran

**YOUTH MASS:**  
2nd Sundays of the month during the school term.

**WEDDING:**  
Require six months notice and include Pre-Marriage Course as part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

**MASS:**  
Monday, Tuesday, Thursday, Friday\*, Saturday, 8.30am  
Saturday (Vigil), 5.30pm  
Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass on Fridays.*

**BAPTISM:**  
Sunday, 11.30am  
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.





# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH



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2 KING STREET, MANLY VALE 2093 NSW

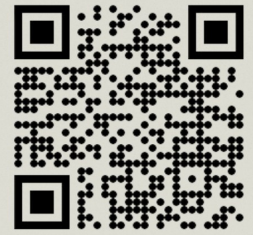


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(02) 9949 4455

Scan me!



## WHY DO WE DO THAT? Catholic Life Explained

### Question:

Why do Catholics eat fish on Friday?

### Answer:

For centuries, meatless Fridays were the norm for Catholics throughout the world. Friday was chosen because that was the day on which Jesus died, and Christians wanted to find a way to honour that day with special prayers and acts of penance and self-denial. The practice of abstaining from meat on Fridays — under pain of sin — grew out of that desire, and it became an official part of Church teaching until the time of the Second Vatican Council.

In the 1960s, there was a shift in the Church's thinking, in large part because there was a recognition that differences in cultures and economic realities meant that eating or not eating meat had different meanings for different peoples. For example, in cultures that were largely dependent on seafood or a vegetarian diet, abstaining from meat was no sacrifice at all. While in other places, eating fish and other kinds of seafood was actually something rare and special and not a sacrifice.

Today, Catholics throughout the world are still instructed to abstain from meat on the Fridays of Lent.

Regardless of what we choose to do, the real value in all of this is to see a reflection of Good Friday in each Friday, to remember the self-giving love of Jesus, and to honour that love through some sort of sacrifice or act of mercy. ©LPi

## BRINGING HOME THE GOSPEL

This story comes amidst a period when Jesus was creating quite a stir. Many of the common people were quite taken by his teachings and speaking favourably of him. They were touched and inspired by his healing acts and the way he preached of God's love and forgiveness. Some had even begun to wonder if he was the long-anticipated Messiah. The religious leaders, on the other hand, had turned against him. They wanted him arrested because his teachings of compassion and mercy conflicted with their way of keeping the people under their control.

When the Pharisees and scribes brought the woman caught in adultery to Jesus, they were openly humiliating her—but note, they didn't involve the man caught in the act. He was off the hook. They also used her to try to trap Jesus into contradicting Moses, the Jews' greatest religious teacher. However, rather than condemn her, Jesus chose that moment to impart a teaching about mercy rather than judgment and forgiveness rather than punishment. He did it gently, asking the crowd to search their own hearts for sins, rather than call them out publicly to shame them.

When the crowd left, Jesus spoke lovingly to the woman, telling her explicitly that he didn't condemn her. But he didn't ignore her trespass either—he asked her not to sin again as she went on her way. His response to her was probably much more effective in moving her to a change of heart than any other punishment would have been.

As parents, we are often in situations in which we need to balance mercy and justice for our own children. What might we learn from Jesus' approach?

### FAMILY RESPONSE:

When have you wanted to see someone else punished for something they did wrong? Does it upset you to think of Jesus forgiving them? Why or why not?

### PERSONAL RESPONSE:

What sin(s) of your own have you found it hard to accept God's forgiveness for? Pray to internalize Jesus' words, "Neither do I condemn you. Go your way, and from now on do not sin again."

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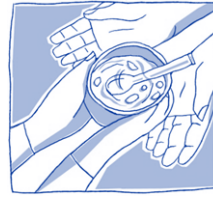






## WEEKLY SOCIAL JUSTICE CHALLENGES

What is the role of anger and rage in our lives? What purpose does it serve? We often think that when we feel anger, we need to express it... we need to get it out of our system. Perhaps anger has a different purpose as Jesus suggests to the angry crowd that is about to hurl stones at the guilty woman. Perhaps anger is a signal that there is something wrong inside of us, some pain that has surfaced because we have witnessed an injustice in the world and our consciences are feeling pricked. Anger can trick us into thinking that the injustice is outside of us or that we are above it. But Jesus suggests that when we seek justice with anger, rage, or revenge, we should use our anger to look within and hurl stones at our own sin. The challenge this week is to address the injustice that has root in our own souls.



## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## CARE FOR CREATION TIPS

*"Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." —Isaiah 43:18-19*

If you sometimes feel overwhelmed by the direction the climate crisis is going, consider reading chapter 43 from Isaiah as an antidote. Or read chapter 3 of Pope Francis' *Laudato Si'* (you can find it online for free). He reminds us, "The Spirit of God has filled the universe with possibilities and therefore, from the very heart of things, something new can always emerge" (#80).

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## SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

**BUSINESS HOURS:**  
PARISH OFFICE—9949 4455

**AFTER HOURS:**  
*(Evenings & Weekends)*  
0490 898 464



## Baptism Preparation Course dates 2025

June 1  
August 3  
October 5  
December 7

If you are interested in attending, kindly contact the parish office to register your attendance ph 9949 4455

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Odette James, Peter and Jan Van de Velde,  
Joyce Arnold, Cecilia Yeung, Erroll Abbott, Greg Hyde

### RECENTLY DECEASED:

Laureen Lawler, Rein Huisman (Abel's uncle),  
Catherine Robertson, Gael Ryan, Mark Hansen

### ANNIVERSARIES:

Caroline Bejasa, Maria Polito

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)



## DID YOU KNOW?

HOLY THURSDAY  
CELEBRATES THE  
INSTITUTION OF  
THE EUCHARIST &  
THE PRIESTHOOD.

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## IMPORTANT ANNOUNCEMENT

With sadness, we share that **Jacky Worthington** has made the difficult decision to resign from her role as Parish Manager. After much reflection, she feels this is the right time to step away.

For many years, Jacky has been a cherished member of our parish community, and we are grateful for the time, care, and leadership she has shown.

Jacky will be greatly missed. We are thankful for her years of service and wish her every blessing for the future.



## Palm Sunday

APRIL 13, 2025

If you have palm branches or fronds you can donate to the church, please bring them to the parish office on **Friday, 11 April**. If they are pre-cut, that would be very helpful!

Thank you!

## PLEASE *pray*

for our RCIA candidates and catechumens who will be welcomed into the Church at Easter.

## Lent Reflection Evenings

EVERY MONDAY DURING LENT  
7:30PM IN PARISH CENTRE

Leader: Fr John Zhang  
All are welcome!

## STATIONS OF THE CROSS

FRIDAYS DURING LENT,  
7:30PM, ST KIERAN'S

Join us for this time of prayer and reflection on the Passion and Death of Jesus.





## What is Social Justice?

Come and join the Social Justice group as Fr John guides us spiritually and explores the meaning of social justice and the ways we can make a difference in our community.

**MONDAY, MAY 12  
7PM, PARISH CENTRE**



## CARPARK CLOSED

The parish carpark at St Kieran's will be closed for maintenance on  
**Saturday, 12 April**  
from 7:00AM - 4:30PM.

If you attend 8:30AM Mass on Saturday, please park in Gordon St or King St.  
Thank you!



### AUGUSTINIAN FORMATION ASSOCIATION

#### **Sue Colwell** Walk & Talk Fundraiser

Unfortunately, due to bad weather and predicted high winds down at Manly, the Fun Walk did not go ahead on Sunday, 30 March.

AFA would like to thank all our sponsors and donors over the past two weeks, and those who had registered for the walk. We suggest those people do the walk at a suitable time within the next two weeks, and donate sponsorship money through online banking or drop off any cash at the parish centre. The details of AFA's account are:

Name: Augustinian Formation Association  
BSB No: 032190  
Account No: 105386  
Ref: (Surname) Fun Walk

Many thanks, the AFA Committee Members



### EASTER TRIDUUM AT NORTH HARBOUR PARISH

#### **HOLY THURSDAY (APRIL 17)**

7:30PM: MASS OF THE LORD'S SUPPER (ST KIERAN'S CHURCH)  
FOLLOWED BY EXPOSITION OF THE BLESSED SACRAMENT, AND NIGHT PRAYER AT 10:00PM.

#### **GOOD FRIDAY (APRIL 18)**

9:00AM: STATIONS OF THE CROSS (TANIA PARK, BALGOWLAH HEIGHTS  
IN THE EVENT OF WET WEATHER, STATIONS WILL BE HELD AT ST KIERAN'S CHURCH

2:00PM: RECONCILIATION (ST KIERAN'S CHURCH)

3:00PM: PASSION OF THE LORD (ST KIERAN'S CHURCH)

3:00PM: PASSION OF THE LORD (ST CECILIA'S CHURCH)

#### **HOLY SATURDAY (APRIL 19)**

8:30AM: MORNING PRAYER (ST KIERAN'S CHURCH)

5:00PM: RECONCILIATION (ST KIERAN'S CHURCH)

7:00PM: EASTER VIGIL (ST KIERAN'S CHURCH)

#### **EASTER SUNDAY (APRIL 20)**

7:30AM: MASS (ST KIERAN'S CHURCH)

9:00AM: MASS (ST CECILIA'S CHURCH)

9:30AM: MASS (ST KIERAN'S CHURCH)



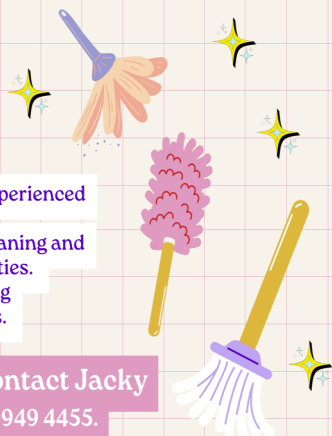
## Cleaner Wanted!

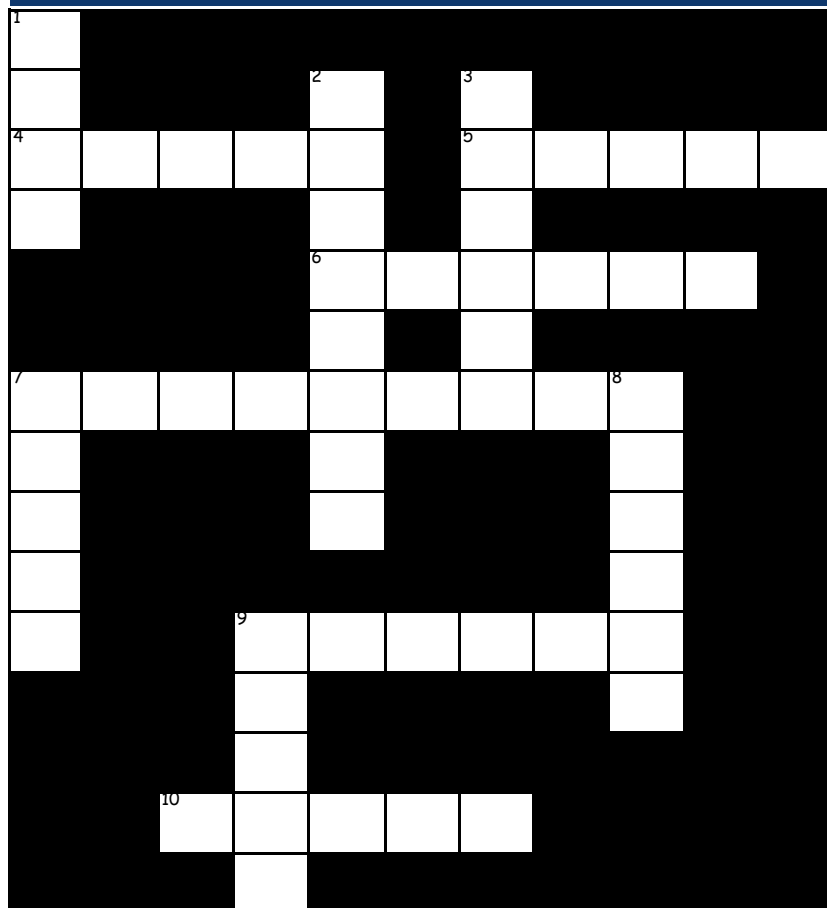
MANLY VALE, 4 HOURS/WEEK

St Kieran's Priory is looking for an experienced cleaner.

Duties include general household cleaning and some light laundry/housekeeping duties. This is a permanent position including superannuation & leave entitlements.

Enquiries/Applications: Contact Jacky  
manager@nhcatholic.org.au or 9949 4455.





## CROSSWORD PUZZLE

*If any of you have never sinned then go ahead and throw the first stone.*

### ACROSS

- 4: a small rock  
5: a large gathering of people  
6: snared, found out  
7: Jewish religious elders  
9: a place of worship  
10: opposite of man

### DOWN

- 1: an examination of performance  
2: educating, passing on knowledge  
3: to make an accusation  
7: a reward for winning a contest  
8: to have done a bad deed  
9: to propel an object through the air

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## Sharing the Gospel

In Bible days, people who did wrong were stoned to death. Jesus changed that. He said, "If you have never done anything wrong, throw the first stone." Everyone makes mistakes. A rock can hurt people, animals, cars, and houses. When you say bad things about someone, you are throwing a rock at them. The rock might come back and hurt you, too. If you can not say something nice about someone, pray for them.

### Prayer

Lord, help me pray for others rather than judge them.

### Mission

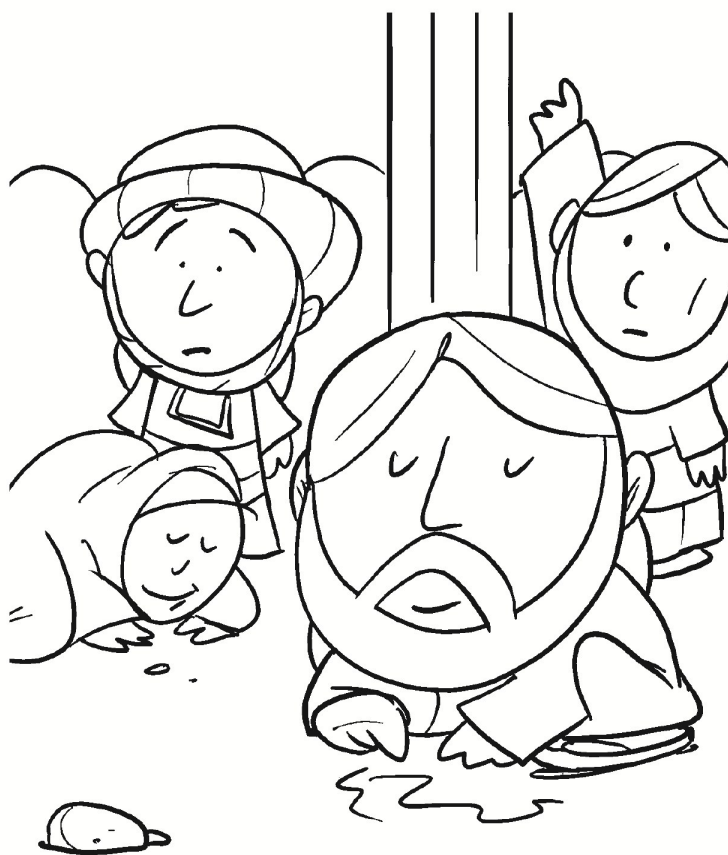
When I get angry with others, I will pray first; then I will talk to them.

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## COLOR

Read the Gospel of the week and color the image.







*Lord, You have saved my soul from the constraint of fear,  
so that it may serve You in the freedom of love.*  
Commentary on Psalm 30 (1), 8  
- St. Augustine of Hippo

## NEXT WEEKEND (13 APRIL 2025): PALM SUNDAY OF THE PASSION OF THE LORD, YEAR C

### 1<sup>ST</sup> READING

Isaiah 50:4-7

*Despite rejection, Isaiah does not abandon his call.*

### RESPONSORIAL PSALM

Ps 21:8-9. 17-20. 23-24. R. v.2  
*My God, my God, why have you abandoned me?*

### 2<sup>ND</sup> READING

Philippians 2:6-11

*Jesus made himself lowly and was exalted.*

### GOSPEL ACCLAMATION

Philippians 2:8-9

*Praise to you, Lord Jesus Christ, king of endless glory!  
Christ became obedient for us even to death dying on the cross. Therefore God raised him on high and gave him a name above all other names.  
Praise to you, Lord Jesus Christ, king of endless glory!*

### GOSPEL

Luke 22:14 – 23:56  
*The Passion.*

**12 APR, 5.30PM**  
**ST KIERAN'S**

**Senior Server**  
Louise

**Readers**  
Bob  
Elizabeth-Anne  
Ronda

**Music**  
Parish Choir

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

**13 APR, 7.30AM**  
**ST KIERAN'S**

**Senior Server**  
Michael

**Readers**  
Judith  
Jenny  
Help Needed

**Music**  
None

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

**13 APR, 9AM**  
**ST CECILIA'S**

**Senior Server**  
Ilde

**Readers**  
Ana  
Stephanie  
Maria

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

**13 APR, 9.30AM**  
**ST KIERAN'S**

**Senior Server**  
Catherine

**Readers**  
Terry  
Brian  
Help Needed

**Music**  
Filipino Choir

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

**13 APR, 5PM**  
**ST KIERAN'S**

**Senior Server**  
Claire-Louise

**Readers**  
Geraldine  
Kevin  
Help Needed

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

## OBSERVANCES FOR THE WEEK OF 6 APRIL

**Mon 7 Apr:** Monday of the 5th Week of Lent, Year 1  
**Tue 8 Apr:** Tuesday of the 5th Week of Lent, Year 1  
**Wed 9 Apr:** Wednesday of the 5th Week of Lent, Year 1  
**Thu 10 Apr:** Thursday of the 5th Week of Lent, Year 1  
**Fri 11 Apr:** Friday of the 5th Week of Lent, Year 1  
**Sat 12 Apr:** Saturday of the 5th Week of Lent, Year 1

## The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

### Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA  
P 02 9949 4455 E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) W [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

### Office Hours

9.00am to 4pm (Tuesday to Friday)

### Churches

**Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW  
**Church of St Kieran** 2 King St, Manly Vale 2093 NSW

### Parish Staff

**Parish Priest:** Fr Michael Belonio, OSA E [pp@nhcatholic.org.au](mailto:pp@nhcatholic.org.au)  
**Asst Priest:** Fr Jumbim Torres, OSA E [jtorges@nhcatholic.org.au](mailto:jtorges@nhcatholic.org.au)  
**Asst Priest:** Fr John Zhang E [jzhang@nhcatholic.org.au](mailto:jzhang@nhcatholic.org.au)  
**Parish Manager:** Jacky Worthington E [manager@nhcatholic.org.au](mailto:manager@nhcatholic.org.au) (Mon, Wed, Thu)  
**Parish Secretary:** Jane Filacuridi E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Tue, Wed)  
**Parish Secretary:** Anne Ross E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Thu, Fri)  
**Catechists, Family & Sacramental Ministries:** Ursula Halloway M 0450 101 767 E [families@nhcatholic.org.au](mailto:families@nhcatholic.org.au)  
**Media & Communications:** Sophie Taylor E [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)  
**Music Ministry:** Marianne Kaw-Deveza E [music@nhcatholic.org.au](mailto:music@nhcatholic.org.au)

### Resident Priests

Fr Minh-Tan Hoang, OSA E [minhtanhoang@yahoo.com.au](mailto:minhtanhoang@yahoo.com.au) (Chaplain, St. Augustine's College, Brookvale)  
Fr Peter Jones, OSA E [peter.jones@osa.org.au](mailto:peter.jones@osa.org.au) (Prior Provincial)  
Fr Paul Maloney, OSA E [paulmal@bigpond.com](mailto:paulmal@bigpond.com) (Retired)  
Fr John McCall, OSA E [jmcosa@bigpond.net.au](mailto:jmcosa@bigpond.net.au) (Retired)  
Fr Abel van der Veer, OSA E [vabelvanderveer@gmail.com](mailto:vabelvanderveer@gmail.com) (Retired)  
Fr Senan Ward, OSA E [senanward@bigpond.com](mailto:senanward@bigpond.com) (Chaplain, St. Augustine's College, Brookvale)



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## CREATIVE STARZ HOLIDAY PROGRAM



**MOANA**

Musical  
Ages 6-13  
14-17 Apr (4Days)  
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St Kieran's Church  
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St Cecilia's Catholic  
Primary School



Principal: Ms Louise O'Brien



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Principal: Ms Anna Marsella



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For St Paul's Catholic College, Manly

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Thank you!



North Harbour  
PARISH

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